

# **Course Specifications**

<b>Course Title:</b>	Gastrointestinal Block
<b>Course Code:</b>	GIT353
Program:	Bachelor of Medicine, Bachelor of Surgery (MBBS)
Department:	NA
College:	College of Medicine
Institution:	Alfaisal University







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# A. Course Identification

<b>1. Credit hours:</b> 3 (2+2+0)		
2. Course type		
a. University College Department Others		
<b>b.</b> Required Elective		
<b>3. Level/year at which this course is offered:</b> Sem 6, Year 3		
4. Pre-requisites for this course (if any): Sem 3 and 4		
5. Co-requisites for this course (if any): None		

### **6. Mode of Instruction** (mark all that apply)

No	Mode of Instruction	<b>Contact Hours</b>	Percentage
1	Traditional classroom	70	69%
2	PBL, CPC, Labs	32	31%

### 7. Contact Hours (based on academic semester)

No	Activity	<b>Contact Hours</b>
1	Lecture	70
2	Laboratory/Studio	
3	Tutorial	32
4	Others (specify)	
	Total	102

# **B.** Course Objectives and Learning Outcomes

## 1. Course Description

This course deals with the abnormal structure and function of common gastrointestinal (GI) diseases, with a particular focus on Pathology, Microbiology, Immunology, and Pharmacology focused in a clinical setting. It builds on the foundations of normal structure and function and serves as an introduction to clinical aspects of GI diseases, in terms of common presentation, signs, symptoms, clinical investigation, and therapeutic modalities. This course will also introduce the medical students to the principles of history taking and abdominal physical examination through bedside clinical sessions.

## 2. Course Main Objective

To build on the foundations of normal structure and function and serve as an introduction to clinical aspects of GI diseases, in terms of common presentation, signs, symptoms, clinical investigation, and therapeutic modalities.

# 3. Course Learning Outcomes

	CLOs	Aligned PLOs
1	Knowledge and Understanding	
1.1	Relate the normal structure and function of the GIT system with	PLO1,2
	pathophysiology of common diseases.	
1.2	Relate the epidemiological, environmental and genetic factors and	PLO2,9,30
	biochemical processes of the cell with pathophysiology of common	
	diseases of the GIT system.	
1.3	Discuss the mechanism of action, important adverse effects and	PLO6,9
	pharmacological basis of drugs used in the management of common	
	GIT conditions.	
1.4	Interpret radiological and laboratory data in the context of mechanism	PLO5
	of diseases.	
1.5	Describe the clinical features, diagnostic criteria and management of	PLO7,9,12,16
	GIT disorders.	,17,18,23,30
2	Skills :	
2.1	Perform bacterial identification, characterization and antibiotic	PLO4
	susceptibility testing from positive blood cultures.	
3	Values:	
3.1	Adhere to the attendance policy.	
3.2	Maintain professional conduct with colleagues, faculty, and staff.	

# **C. Course Content**

No	List of Topics – including PBL, CPC, Lab	Contact
1,0		Hours
1	Swallowing as basis for dysphagia/achalasia	2
2	Esophagitis	2
3	Tumors of esophagus	2
4	Antiemetic drugs	2
5	GI Mucosal immunity	2
6	Approach to dysphagia	2
7	Management of GERD	2
8	Gastritis	2
9	Gastric tumors	2
10	Helicobacter pylori and peptic ulcers.	2
11	Drugs used in the treatment of acid peptic disease. 2	
12	Radiological imaging in GIT.2	
13	Basic concepts in management of peptic ulcer disease. 2	
14	Basic concepts in management of upper GI bleeding.	2
15	Intestinal Electrolyte & water as basis for Diarrhea	2
16	Inflammatory bowel diseases (IBD)	2
17	Infectious diarrheal agents	2
18	GI parasitic infections	2
19	Antibiotic associated diarrhea 2	
20	Laxatives and anti-diarrheal drugs   2	
21	Approach to acute diarrhea and malabsorption	4
22	Approach to chronic diarrhea and malabsorption	4
23	Basic concepts in management of IBD	2

24	Right lower quadrant pain - appendicitis	2
25	Hernias	
26	Approach to gastric and small bowel tumors	4
27	Tumors of the intestines	2
28	Approach to abdominal pain	2
29	Bowel obstruction and ischemia	2
30	Approach to lower GI bleeding	2
31	Diverticulosis, bowel obstruction, volvulus and ischemia	2
32	Imaging of GIT abnormalities	2
33	Hepatic functions review	2
34	Pattern of hepatic injury and viral hepatitis and non-viral hepatitis	2
35	Cirrhosis and complications of portal hypertension 2	
36	Microbiology of hepatotroph viruses 2	
37	Viral hepatitis 4	
38	Non-viral hepatitis 2	
39	Approach to metabolic and cholestatic liver disease	2
40	Approach to liver masses	2
41	Drugs used in hepatitis B & C	2
42	Pancreatitis and its complications	2
43	Hepato-biliary disorders pathology	2
44	Tumors of liver, pancreas and biliary tracts	2
45	Imaging for common liver and pancreatic diseases	2
46	Basic principles in the management of pancreatitis and its complications	2
47	Management of biliary tract disorders	2
	Total	102

# D. Teaching and Assessment1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Code	<b>Course Learning Outcomes</b>	<b>Teaching Strategies</b>	Assessment Methods
1.0	Knowledge and Understanding		
1.1	Relate the normal structure and function of the GIT system with pathophysiology of common diseases.	Lectures, PBLs, CPCs	Continuous, formative and summative assessment
1.2	Relate the epidemiological, environmental and genetic factors and biochemical processes of the cell with pathophysiology of common diseases of the GIT system.	Lectures, PBLs	Continuous and summative assessment
1.3	Discuss the mechanism of action, important adverse effects and pharmacological basis of drugs used in the management of common GIT conditions.	Lectures, PBLs	Continuous and summative assessment
1.4	Interpret radiological and laboratory data in the context of mechanism of diseases.	Lectures, PBLs	Continuous and summative assessment

Code	Course Learning Outcomes	<b>Teaching Strategies</b>	Assessment Methods
1.5	Describe the clinical features,	Lectures, PBLs	Continuous and
	diagnostic criteria and management		summative
	of GIT disorders.		assessment
2.0	Skills		
2.1	Perform bacterial identification,	Labs	Summative
	characterization and antibiotic		assessment
	susceptibility testing from positive		
	blood cultures.		
3.0	Values		
3.1	Adhere to the attendance policy.		Continuous
			assessment
3.2	Maintain professional conduct with		Continuous
	colleagues, faculty, and staff.		assessment

### 2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	PBL	Weekly	5%
2	Final Exam	7	95%

\*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

### E. Student Academic Counseling and Support

Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice:

The CoM program established its own mentorship program that employs all full-time faculty as mentors. Through this program, every medical student in the program is assigned a mentor at the beginning of their first semester of studies. The program has a broad scope covering academic advising and counseling. The mentors handle all aspects related to academic advising, including academic planning, academic performance review, advice on course drop or withdrawal, study skills, and time management.

# **F. Learning Resources and Facilities**

### 1.Learning Resources

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Required Textbooks	•	Robbins and Cotran pathologic Basis of disease 8th Edition. Kumar, Abbas, Fausto, Aster Davidson's Principals and Practice of Medicine, 21 <sup>st</sup> Edition Clinical Medicine by Kumar and Clark (Saunders Elsevier, 8 <sup>th</sup> edition) Radiology: Diagnostic Imagine: Peter Armstrong, Wiley- Blackwell, 6 <sup>th</sup> edition (May11, 2009) MIMS Medical Microbiology 4th Ed. By Richard Goering et. al. (ISBN 13: 9780323044752) Microbiology: Mim's Medical Microbiology 4 <sup>th</sup> edition, edited by Goering RV, Dockrell HM, Zuckerman M, Wakelin D, Roitt IM, Mims C, Chiodini PL. Mosby 2008

	Basic & Clinical Pharmacology, <u>Bertram Katzung</u> (Author), Susan Masters (Author), Anthony Trevor		
	• Pharmacology, R. A. Harvey and P. C. Champe, Lippincott's Illustrated, 4th Edition		
Essential References Materials	<ul> <li><u>www.cdc.gov</u></li> <li>Bates' Guide to Physical Examination &amp; History Taking Lynn S. Bickley, Robert A. Hoekelman, Barbara Bates, 10th Edition</li> </ul>		
Electronic Materials	PowerPoint presentations uploaded on Alfaisal E-learning Portal Integrated medical curriculum: <u>http://imc.meded.com</u>		
Other Learning Materials	The Alfaisal Library provides a wide array of electronic databases of reference books and journals through multiple databases include ScienceDirect (TM).		

### 2. Facilities Required

Item	Resources	
Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)	Classrooms, Laboratories	
<b>Technology Resources</b> (AV, data show, Smart Board, software, etc.)	AV (Audio-Visual), Smartboard, Moodle (E-learning Management)	
Other Resources (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list)		

# **G.** Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	<b>Evaluation Methods</b>
Course and Faculty Evaluation Survey	Students	Survey

**Evaluation areas** (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

**Evaluators** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify) Assessment Methods (Direct, Indirect)

### H. Specification Approval Data

Council / Committee	
Reference No.	
Date	